

Communication 6 season 11/12

• Next events

Sat Feb 25th - St Columba's College, Kilmashogue Lane 17:00 – 19:00 Lughnasa -v- *Astra* MEN

Next Ladies event is scheduled for the **11th of March at 2pm** in Loughlistown Leisure Service hall.

In conjunction with it and in collaboration with Coaching Ireland Astra HC is tying to organise a coaching seminar with the title "the Female Athlete". Hopefully you will find the subject appealing and will attend.

IOHA CUP. The IOHA has organised a Cup Competition over one weekend inviting all the players from Division 2 and Senior League. This is scheduled for the weekend before Easter, **Saturday 31st March and Sunday 1st April**. WE haven't entered a team yet, but the intention is to enter a men and a women team. Anyone interested in playing?

• Coaching and other courses.

Please refer to Comm 5 for full calendar. <u>ttp://www.dlrsportspartnership.ie/images/Calendar_2012_V1.pdf</u>

The IOHA in collaboration with the EHF has organised a **coaching course for Wednesday the 28th of March**. This is a 3 hours coaching course that I strongly suggest to attend if you have any interest in coaching. **Moreover...the Club needs you!**

• Future: Social, AGM

As you know I am relocating to Israel for one year, flying out on March 18th. Before that we should have a night out and an AGM. It is quite early in the year to organise an AGM (Annual General Meeting), but before |I take off I wouLD like to get all members aware of what has been done during the last few months and what the future reserve. I think Monday the 12th of March at 7.30pm in UCD is a possible date, or Tuesday the 13th at 6.30pm, before training? Any Opinion?

For the **Social night** I think we should go into town this time, and have it over a Friday, so we won't feel bad in staying till a bit later than usual. **Friday 9th of March suit people?**

• REGISTRATION as member of Astra Handball Club

All Astra players need to register for the Club for the season 2011/2012 at the link below <u>https://</u> <u>spreadsheets0.google.com/viewform?formkey=dGo3eExUY2pVNS1ocC1LN0NURnBVVXc6MQ</u>

• REGISTRATION as a member of the Irish Olympic Handball Association (IOHA)

This registration must also be completed, and this will entitle you to play in the IOHA league <u>https://www.myclubfinances.com/memberships.asp?CLb=1&LL_ID=497&intMF_ID=296</u>